Medicare Plus Blue<sup>SM</sup> and Prescription Blue<sup>SM</sup> are PPO and PDP plans with a Medicare contract. Enrollment in Medicare Plus Blue<sup>SM</sup> and Prescription depends on contract renewal.

Trust Groups MAPD & PDP Benefits 2023 Offerings Blue Cross Blue Shield of Michigan and Blue care Network are nonprofit corporations and independent licensees of the Blue Cross Blue Shield Association.



Blue Cross Blue Shield Blue Care Network of Michigan



- Medicare basics
- Getting started
- Group plan benefits
- Health & well-being programs
- Prescription drugs: Optum Rx





#### **Your Integrated Account Team**





Your Medicare Advantage Consultant working alongside your Commercial Account Team and a dedicated group of experts to minimizing the administrative burden and providing transparency and guidance through all phases of our partnership

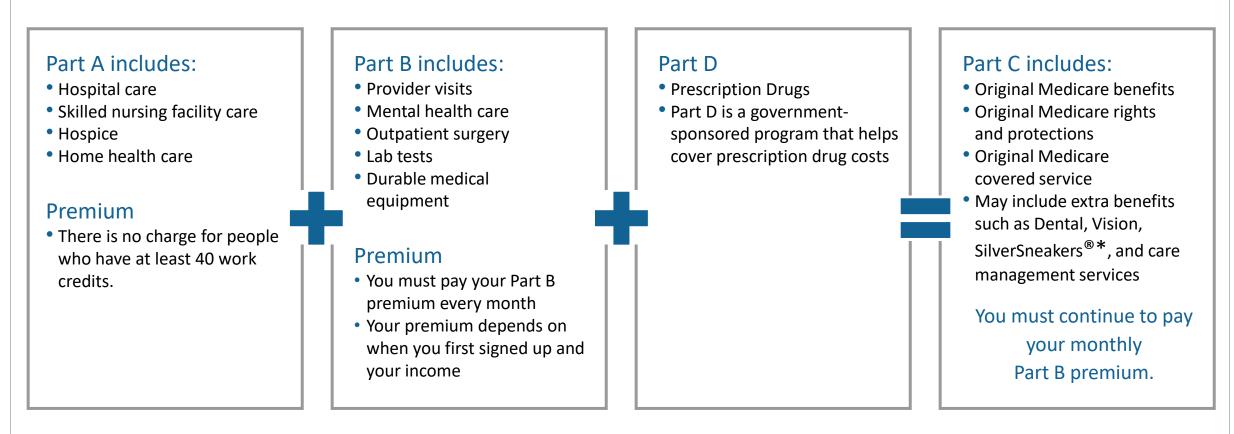
### **Medicare basics**



#### **Medicare basics**



#### A Medicare Advantage plan (Part C) gives you complete coverage



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All rights reserved. Tivity Health is an independent company that provides services to Blue Cross Blue Shield of Michigan Medicare Plus Blue Group PPO members.

# Getting started with your PPO plan

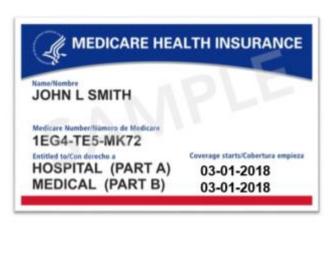


#### Membership confirmation and ID card



Put your red, white and blue Medicare card in a safe place, you only need your Blue Cross ID card for medical services and prescription drugs

There are separate cards for dental and vision





#### **Dental and Vision ID card**



Blue Cross Blue Shield		of the Blue Cross and Blue Shield Association To locate participating providers outside of Michigan:	
		applicable contracts, conditions and user If you suspect fraud, call:	800-482-3787
Enrollee Name		Benefts & Eligibility Dental, Vision, and Pharmacy providers	800-676-2583
VALUED CUSTOMER		file claims according to your network DNoA Pref Network (Dental):	888-826-8152
Enrollee ID		contract. All other providers: file claims VSP - Vision.	800-877-7195
XYQ888888888		claims, bill Medicare. 24 Hr./7 Day Nurse Help Line:	800-775-2583
Issuer (80840) 9101003777		and the second s	
Group Number 007041642	lssued: 06/2020	Mental Health/Substance	
Plus		Abuse Preauthorization:	800-762-238
PPO Blue Blue Blue Blue Vision™		Precertification:	800-572-3413

If you already have Dental and Vision, you won't receive a new card.

#### When we'll contact you



Welcome call and new ID card Health assessment; we'll remind you to schedule your annual exam and connect to member programs Coordination of benefits survey Offer preventive care that can help reduce your out-of-pocket and overall health care costs and share benefits for the upcoming year

Blue Cross Blue Shield of Michigan			
	Medicare PLUS Blue <sup>SM</sup> Group PPO		
Enrollee Name VALUED CUSTOMER		Plan H	9572_801
Enrollee ID		RxBIN	610014
XYL999999999		RXPCN	MEDDPRIME
Health Plan (80840) 9101003777		RxGrp	BCBSMAN
Group Number		Issued	
XXXXX		02/20	20
	Ď	Mec	licareR

BLUES' MEDIC	ARE ADVANTAGE HEALTH AS	SESSMENT
Neveral cross and the descents.	Please use a blue or black pen or a pencil to Print clearly to fill out each appropriate text A B C 1 2 Fill the circles completely and do not write n	box as shown.
of the Blue Cross and Blue Shield Association	circles appear. Correct: O  O	
lame: <insert name=""> Date of Birth: III III = III = - Address: <insert address=""></insert></insert>		
nrollee ID (the number on you	ar ID card): XY	
1. In general, would you say yo Excellent Very good		
<ul> <li>Breathing problems (COPD High blood pressure (hyper</li> </ul>	tions for which you are currently receiving a emphysema, or chronic bronchitis) tension) re, heart attack, coronary artery disease)	g medical treatment: Arthritis Mental problems Ankle/leg swelling Cancer
(Mark all that apply)	ave you been treated by a doctor for any o	
High cholesterol Asthma Bone disease (osteoporosis Chronic kidney disease (Ch	(D) or end stage renal disease (ESRD)	Yes No Yes No Yes No
Stroke, mini-stroke, or trans		Yes No

Blue Cro Blue Shi of Michiper	eld or	ORDINATION	OF BEN	EFITS QUES	TIONNAIRE	
Please call our autom Benefits under My Ac coverage through and	count from the app	menu if you, you	I-9494 or li r spouse o	ogin to our mot r any of your o	lle app and o overed deper	click Coordination of indents do not have
If there is coverage to coordination of benefit SECETION 1 YOU BCBSM enrolee name	ts Information at bo R BOBSM INFORM	bern.com/cob o	r complete		nali/fax back	to BCBSM. Thank you!
NO - Please sk	ip the rest of the ques n and return it in the e	tions, sign the both nivelope provided.	bm		Please com	n other than Medicare? Note the entire form, sign at the etum it in the envelope provided.
					coverage. Al	tach additional pages if needed.
Name of policy holder	of other coverage	Relationship to ;	lon	Employer		Birth date
Insurance company no	me	Insurance comp	any city		State	Phone number
Enrolee ID / policy nu	nber	Group number		Effective da	te	Cancellation date (If applicable)
Type of coverage Single - Family	is this a retiree con is this a COBRA co is policy holder laid	ntract? Yes	No 🕹	ype of plan: heck all that apply;	Medica Dental	Prescription drugs Medicare Advantage
Who is covered by this Name (first a		yourself if applicat Relationship t		Name (1	rst and last)	Relationship to you
1.				4.		
2				٤.		
1				6		
SECTION 3 SPEC	IAL SITUATIONS					
		have health care	coverage is	addition to the	above becas	use of divorce, separation or court
is there a court order t	hat determines respo	sibility for health		Yes (attach	a copy of the	sections that apply to health care



TIP: We use vendor partners to offer some of our health programs. They may contact you on our behalf. Call our Customer Service team if you have questions or concerns about these communications.

#### **Understanding your MAPD materials**



#### Medicare-eligible retirees can expect to receive the following materials as part of the pre- and post-enrollment process

#### Pre-enrollment documents

20	Medicare Plus Blue <sup>SM</sup> ( Medical Benefits	Group PPO		DSRA-BENEFIT	TRUST	Post 65 B Change o
21				Thank you the a	or your time and attention as splicable boxes (D) below.	you enroll for benefits
2	Benefits-at-a-G	Blance		SECTION I: Mem	er Information	
				Last Flame	Pirst Name	
	and what you pay. A complete list of	nary of Benefits. It is a summary of what we cover If services is found in the Evidence of Coverage and we any questions about this plan's benefits or		Address Telephone Humber		City Social Security Nat
	costs, please call Medicare Plus Blu are on the back cover of this bookle	we any questions about this pair is defined or je Group PPO Customer Service (phone numbers (). You can always view the most current Evidence (). Secured Services at <u>www.bobsen.com/imedicare</u> .			Rabic Piedcare Discrim Date	
	or by requesting them from Custom	er Service.		Eral Addres		Resirement Date
		PD, you must be entitled to Medicare Part A, be a in our service area of the United States and its		Effective Date		Salary / Hourly
		at 1-865-684-8216, Monday through Friday from		SECTION 2: Spo	use/Surviving Spouse In	oformation (If Enr
		, for more information. From October 1 through 9 p.m., Eastern time, seven days a week.		Let Name	First Name	
	(TTY users should call 711.)			Redrement Date		Social Security Nar
				Helcare ID Hanber II Ag	Hadcare Mectre Dece	Medicare Currently
	www.bobsm.com/medicare	08/20 HI677_Gro21Addw8BAAG_M FUNR 0820		The effective data or nonchi in which you prior to your 65° to the cano, the effect 2. Your spouse/forme 3. Please review all inf <b>SECTION 4: Seb</b> To elses Medical covers	ortant Notes to Help Y roor countage will be the fir turn 65. If you tarn 65 on the rhday. The socception to this in date of countage would be the partner must have the same irration and sign and date will be tet Your Coverage p, you must complete The H in cacket and the also be form	of the month followin 1 <sup>th</sup> of the month, your is if you are enrolling to 1/1/2022. a medical/prescription- one recessary.
<b>O</b> V 1	New Constants	Medicare Advantage Plans		on 'Post-65 Insurance P You may select medical now offered.		drug ONLY coverage
Bene	efits-a	t-a Glan	ce		ctio	

## DSRA Banaf **Election Form**

### Medicare Plus Blue<sup>s</sup> Group PPO Blue Cross Blue Shield of Michaer Evidence of Coverage

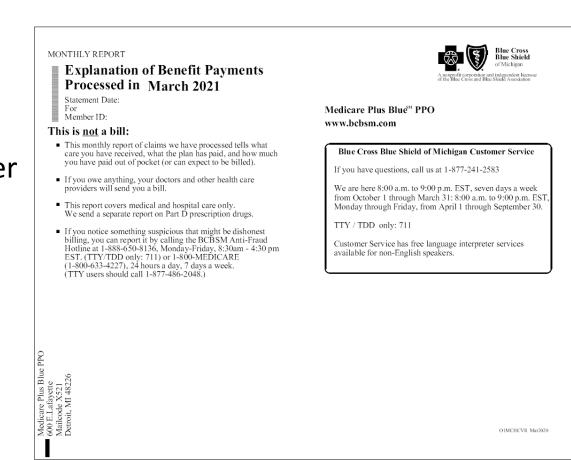
#### Welcome letter

Evidence of Coverage

#### Post-enrollment documents

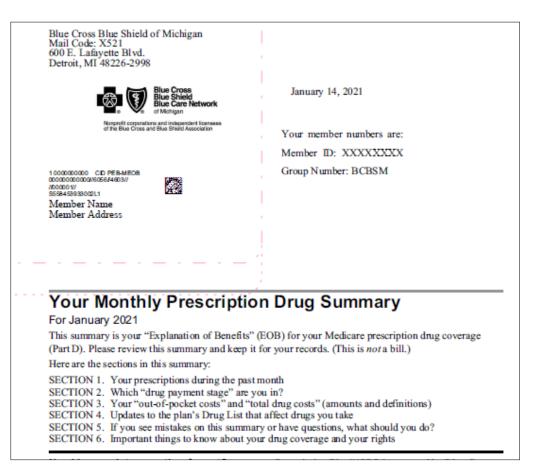
#### **Explanation of Benefits (medical)**

- Summarizes the total cost of the medical services you received
- Shows you what your health care provider billed BCBSM, what BCBSM paid the provider and your share of the cost
- Explains what your deductible and yearly out-of-pocket maximums are and how much you've paid toward them
- You'll receive an explanation of benefits for services billed during the previous month



#### **Explanation of Benefits (pharmacy)**

- Summarizes the total costs of your prescriptions that you had filled for the previous month and lets you know your benefit coverage stage
- Explains what your total drug costs and out-of-pocket costs are and how much has been paid by you and the plan
- You'll receive an explanation of benefits for services billed during the previous month



### Trust Group's (DSRA, Auto, Airline, and Steel) PPO plan benefits



#### Key terms



#### Deductible

The amount you pay before your plan begins to pay its share

#### Copayment

A fixed dollar amount you pay to health care providers each time you use their services, such as an office visit

#### Coinsurance

The percentage of the cost of the service that you pay

#### Out-of-pocket maximum

The most you must spend for copays, coinsurance and deductibles in any given year

#### Your MAPD 2023 Plan Choices



#### **VEBA Trusts Options**

VEBA Trusts Options			
OPTIONS	Diamond	Emerald	<u>Ruby</u>
TYPE OF NETWORK	No Network	No Network	No Network
OUT OF POCKET MAXIMUM	\$0	\$750	\$4,500
DEDUCTIBLE	\$0	\$0	\$0
COINSURANCE	0%	20%	20%
INPATIENT	No Cost	20% Coinsurance	20% Coinsurance
OUTPATIENT	No Cost	20% Coinsurance	20% Coinsurance
OFFICE VISIT	\$0	\$5	\$20
CHIROPRACTIC	\$0	\$5	\$20
SPECIALIST	\$0	\$15	\$40
URGENT CARE	\$0	\$10	\$50
FACILITY EVALUATION	No Cost	20% Coinsurance	20% Coinsurance
MENTAL HEALTH	\$0	\$5	\$25
SURGICAL SERVICES	No Cost	20% Coinsurance	20% Coinsurance
OTHER PHYSICIAN SERVICES	No Cost	20% Coinsurance	20% Coinsurance
PREVENTATIVE	No Cost	No Cost	No Cost
EMERGENCY	\$0	\$75	\$90
AMBULANCE SERVICES	No Cost	20% Coinsurance	20% Coinsurance
DURABLE MEDICAL EQUIPMENT	No Cost	20% Coinsurance	20% Coinsurance
Plan Cost with Medical and High Rx	\$285.94	\$224.02	\$109.04

A high-level overview of your 2023 MAPD plan benefit options includes high Rx plan

#### **MAPD Drug Plan with Diamond & Emerald**



High Plan PDP	Preferred Rx	Standard Rx
Prior Authorization/Step Therapy	Yes	Yes
Rx Deductible	\$0	\$0
Tier 1	\$2	\$10
Tier 2	\$2	\$10
Tier 3	\$40	\$50
Tier 4	\$75	\$100
Tier 5	30% Member Cost	30% Member Cost
90 Day Supply <sup>*</sup>	x2	x2

Your new Prescription Drug Benefits covers you through the Donut Hole There is no extra out-of-pocket expense

#### Additional Prescription Drug Services

Oral and injectable contraceptives	Covered
Smoking cessation drugs	Covered
Weight loss drugs	Covered
Impotency drugs	Covered

- Most Common Preferred Pharmacies:
  - Walmart, Kroger & Walgreens
- Most Common Standard Pharmacies:
  - CVS & Winn-Dixie

\*Member may get a 90-day supply at their local pharmacy or mail order for the same x2 co-pay

#### **MAPD Drug Plan Ruby**



Ruby Plan PDP	Preferred Rx	Standard Rx
Prior Authorization/Step Therapy	Yes	Yes
Rx Deductible	\$0	\$0
Tier 1	\$10	\$15
Tier 2	\$10	\$15
Tier 3	\$45	\$50
Tier 4	\$90	\$100
Tier 5	30% Member Cost	30% Member Cost
90 Day Supply <sup>*</sup>	x2	x2

Your new Prescription Drug Benefits covers you through the Donut Hole There is no extra out-of-pocket expense

#### Additional Prescription Drug Services

Oral and injectable contraceptives	Covered
Smoking cessation drugs	Covered
Weight loss drugs	Covered
Impotency drugs	Covered

- Most Common Preferred Pharmacies:
  - Walmart, Kroger & Walgreens
- Most Common Standard Pharmacies:
  - CVS & Winn-Dixie

\*Member may get a 90-day supply at their local pharmacy or mail order for the same x2 co-pay

#### **Medicare Advantage PPO providers**



Your plan allows you to go to any doctor or hospital that accepts Medicare What does this mean?

- You have freedom to choose any provider, specialist or hospital that accepts Medicare
- Referrals aren't required
- Member out-of-pocket costs are the same as long as the doctor or hospital accepts Medicare and bills BCBSM

#### In-network

A Medicare provider who has a contractual agreement to be a part of the Blue Cross Blue Shield Medicare Advantage PPO Network

#### How to find a participating provider



- During your welcome call, the representative can check to see if your current provider accepts Medicare
- Call the Customer Service number on the back of your Blue Cross ID card. TTY users, please call 711
- Visit <u>www.bcbsm.com/medicare</u>, and click *Find a Doctor*
- Ask the billing department of your provider's office if you can participate with the Medicare Advantage PPO plan offered by Blue Cross
- Download the BCBSM Mobile app. It's available in the App Store<sup>®</sup> for iPhones and Google Play<sup>™</sup> for smartphones using Android. Search for BCBSM. The app isn't yet available for tablets

#### **Prior authorization programs**



- Prior authorization for medical services is one way health plans make sure you receive high-quality care as you and your provider develop a personalized treatment plan
- It may be necessary for your provider to have certain services in your treatment plan approved by Blue Cross
- If a request for service isn't approved, you and your provider will both receive a letter detailing the rationale and the process to request reconsideration (appeal), if needed

#### **Online visits**

#### Blue Cross Online Visits<sup>SM</sup>

Online provider visits bring new meaning to house calls

- When your primary care provider is unavailable, you can have an online visit with a physician to get advice and treatment for minor health concerns
- Use your smartphone, tablet or computer for a provider visit
- Available 24/7, anywhere in the U.S. using an internet connection
- Doctors are telehealth experts, U.S. board-certified, licensed and credentialed to provide non-emergency medical visits on demand at in-network costs



#### How can you access this benefit?

- Download the BCBSM Online Visits app
- Visit <u>bcbsmonlinevisits.com</u>
- Call 1-844-606-1608

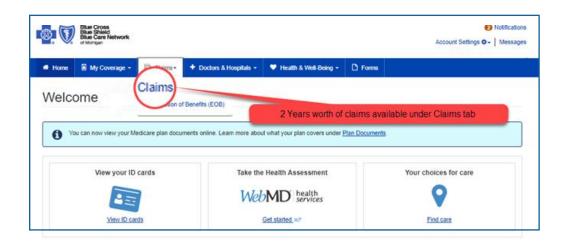
#### 24/7 access to plan information

#### Blue Cross mobile app

You can use the app to:

- Find a participating primary care provider and preferred pharmacies
- Track costs, check deductibles and out-of-pocket balances
- Check claims and explanation of benefits statements
- View your plan coverage
- View your virtual ID card





#### Blue Cross member portal

- View recent claim activity online and compare provider's bill to your Explanation of Benefits statement using the Blue Cross member portal
- Log in at

http://bcbsm.com/index/members/online-account

#### When you travel

Blue Cross Blue Shield of Michigan gives you access to providers anywhere in the United States

Your benefits travel with you anywhere in the United States and its territories

There are two ways to find a provider:

- Use the find a provider button in the app
- Call the number on the back of your ID card

There may be some instances when traveling outside the United States, you will have to pay for your emergency and urgent care, but we will ensure that you get a refund from us



You're covered for emergency and urgent care worldwide



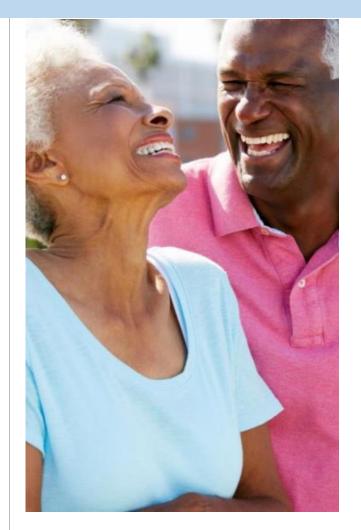
#### **Durable medical equipment:**



- You have coverage for durable medical equipment, such as prosthetics, orthotics and supplies
- DME, such as canes, walkers, wheelchairs, braces and artificial limbs as well as diabetic therapeutic shoes or inserts – can be provided through our preferred DME provider Northwood. Call 1-800-667-8496. Authorization rules may apply
- Diabetes monitoring supplies, including insulin pumps, blood glucose monitors, test strips and lancets, can be provided through our in-network provider J&B Medical Supply.
   Your provider will write a prescription for you. To locate a J&B supplier, call 1-888-896-6233

#### **Exceptional customer service**





- A designated Medicare Advantage Service Center
- Complete issue resolution on first contact for 90% of all calls
- Proactive member outreach
- Coverage determination assistance

#### Your specialized service team is:

- Knowledgeable and accurate
- Courteous, friendly, respectful and empathetic
- Honest and sincere

Members can access Benistar by calling 1-800-236-4782 EST Monday – Friday from 8:30am-4:30pm

### Blue Cross Health & Well-Being programs



#### **SilverSneakers**<sup>®</sup>

#### Fitness program benefits:

- Membership in a network of thousands of health clubs and exercise classes
- Exercise at your own pace with people in your age group
- Online support to help you lose weight, reduce stress
- Online classes, walking and home fitness programs

#### SilverSneakers® Tuition Rewards

 SilverSneakers<sup>®</sup> members can earn college tuition discounts for loved ones simply by exercising

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#### Visit:

- SilverSneakers.com
   for participating fitness locations
- SilverSneakers.tuitionrewards.com to learn about Tuition Rewards

Or call: 1-866-584-7352, Monday through Friday, 8 a.m. to 8 p.m. Eastern time. TTY users, call 711.

#### **Blue Cross Medicare Advantage Rewards**



Earn rewards for healthy actions through Blue Cross Medicare Advantage Rewards, by Blue Cross Blue Shield of Michigan

Healthy actions include:

- Getting an annual physical
- Getting flu shots
- Monitoring your physical health
- Breast cancer screening
- Diabetes eye exam

#### **Monitor Your Physical Health**

#### Go online to get your reward faster. bcbsm.com/advantagerewards

Or fill out your information on the front of this card, choose your reward and mail to:

Blue Cross Medicare Advantage Rewards PO Box 916560 Rantoul, IL 61866-9947

#### <\$10 Reward>

Please choose one of the rewards below:



\*This reward will be sent if no choice is made.

Find out more: bcbsm.com/advantagerewards or call 1-866-572-0155 (TTY: 711)

#### **Virtual services**



#### Blue Cross<sup>®</sup> Virtual Well-Being

• A live, 15-minute weekly webinar designed to support you on your well-being journey. Webinar categories include physical health, financial wellness and emotional health

Visit: <a href="https://www.mibluesperspectives.com/virtual-webinars/members/">www.mibluesperspectives.com/virtual-webinars/members/</a>

#### 24-Hour Nurse Line

Enables you to speak with a registered nurse anytime. Nurses are available around the clock and just a
phone call away. Reach out any time you have questions about the coronavirus or need medical advice.
There is no cost to members for using the Nurse Line
Visit: www.bcbsm.com/index/members/health-wellness/nurse-line.html

#### MiBlue Virtual Assistants

• An interactive, automated chat available 24/7 through your online Blue Cross member account. It can help you check your coverage, find claims, search for providers and more

#### **Blue Cross<sup>®</sup> Coordinated Care**



Nurse-led care teams are the backbone for care in our integrated care program. A registered nurse will reach out if you are identified for the Coordinated Care program; a custom care program will be set up to improve your health and well-being

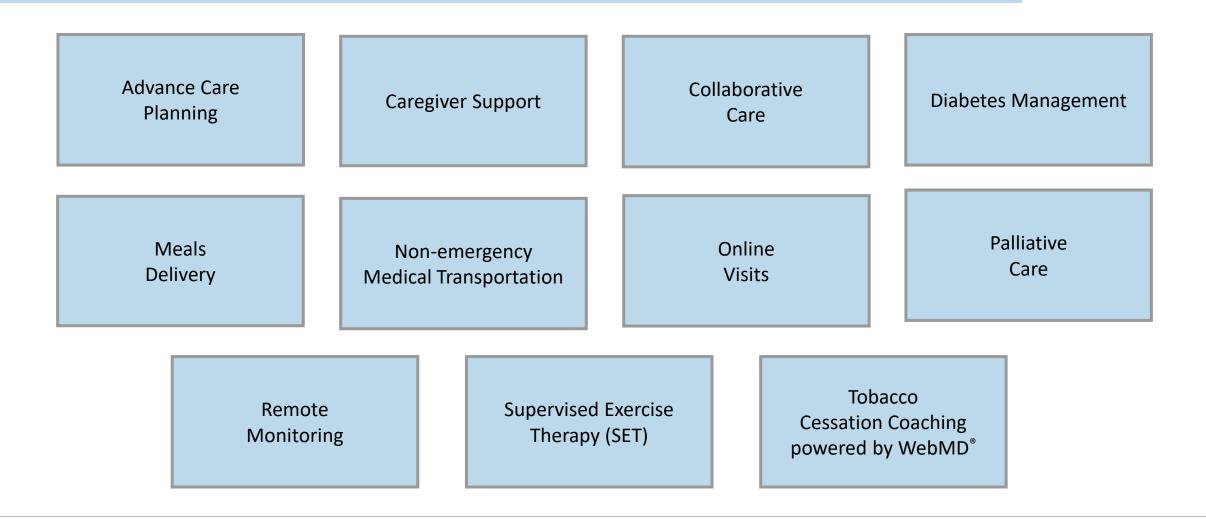
Registered nurses work directly with you to coordinate the best care to meet your specific needs

Care teams include:

- Medical directors to collaborate with providers and provide medical expertise
- Pharmacists to educate and advise you about the right medications
- Dietitians to provide targeted nutritional education and coaching
- Social workers to address nonmedical health factors and locate community resources
- Behavioral health specialists to help with stress, depression, anxiety and other issues

#### Additional well-being programs







Blue365 offers exclusive health and wellness deals, keeping you healthy and happy, every day of the year! As a member of Blue Cross' Medicare Plus Blue PPO, you automatically have access to nationwide discounts

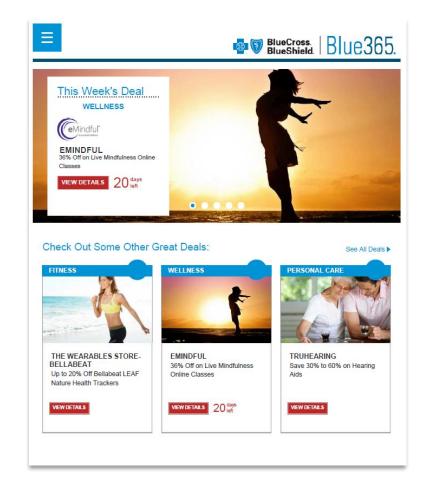
Visit: <u>www.blue365deals.com</u>

Beltone

enny

**Nutri**system<sup>®</sup>





### Call the Blue Cross Engagement Center for access to these programs

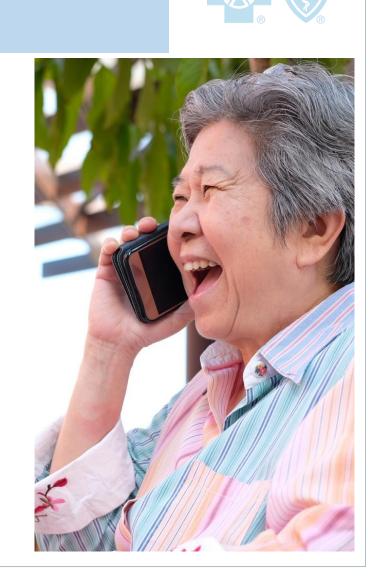
Our knowledgeable specialists are here to answer your questions about any of the programs or services offered through Blue Cross Health & Well-Being

We can help:

- Coordinate program referrals
- Find personal or specialist providers

1-800-775-2583 Monday through Friday, 8 a.m. to 6 p.m. Eastern time

TTY users, call 1-800-240-3050 Monday through Friday, 8 a.m. to 8 p.m. Eastern time



### Prescription drugs



#### Getting the most out of your Part D plan



- If you've decided to stay with your current medical plan, you may choose one of two Prescription (Part D) plans
- These plans may not be combined with any other Medicare Advantage plans, they may be combined with a supplemental plan such as the one you currently have in place
- You may choose the High plan, which is currently bundled with the Diamond & Emerald MAPD plans or the Low plan which is only offered as part of the stand-alone PDP choice
- Both plans offer you 5 Tiers of Drug coverage, which we will cover on the next slide

#### Your formulary drug tiers: Has a formulary, list of drugs





- Your formulary is a list of drugs covered by your plan
- Out-of-pocket cost is applied based on drug tiers and pharmacy type:
  - Tier 1 = Preferred generic drugs
  - Tier 2 = Generic
  - Tier 3 = Preferred brand drugs
  - Tier 4 = Non-preferred drugs
  - Tier 5 = Specialty drugs

Your plan doesn't have a coverage gap, no donut hole, as with other Part D prescription plans. This means you continue to pay your plan's copay until you reach the catastrophic phase, where your out-of-pocket cost may be lower but never more than your group plan copay

#### **High Plan Prescription drugs**



High Plan PDP	Preferred Rx	Standard Rx
Prior Authorization/Step Therapy	Yes	Yes
Rx Deductible	\$0	\$0
Tier 1	\$2	\$10
Tier 2	\$2	\$10
Tier 3	\$40	\$50
Tier 4	\$75	\$100
Tier 5	30% Member Cost	30% Member Cost
90 Day Supply <sup>*</sup>	x2	x2

Your new Drug Benefits cover you through the Donut Hole There is no extra out-of-pocket expense

#### Additional Prescription Drug Services

Oral and injectable contraceptives	Covered
Smoking cessation drugs	Covered
Weight loss drugs	Covered
Impotency drugs	Covered

- Most Common Preferred Pharmacies:
  - Walmart, Kroger & Walgreens
- Most Common Standard Pharmacies:
  - CVS & Winn-Dixie

\*Member may get a 90-day supply at their local pharmacy or home delivery for the same x2 co-pay

#### **Low Plan Prescription drugs**



Low Plan PDP	Preferred Rx	Standard Rx
Prior Authorization/Step Therapy	Yes	Yes
Rx Deductible	\$0	\$0
Tier 1	\$5	\$10
Tier 2	\$5	\$10
Tier 3	\$50	\$60
Tier 4	\$80	\$100
Tier 5	35% Member Cost	35% Member Cost
90 Day Supply <sup>*</sup>	x2	x2

Your new Drug Benefits cover you through the Donut Hole There is no extra out-of-pocket expense

#### Additional Prescription Drug Services

Oral and injectable contraceptives	Covered
Smoking cessation drugs	Covered
Weight loss drugs	Covered
Impotency drugs	Covered

- Most Common Preferred Pharmacies:
  - Walmart, Kroger & Walgreens
- Most Common Standard Pharmacies:
  - CVS & Winn-Dixie

\*Member may get a 90-day supply at their local pharmacy or home delivery for the same x2 co-pay

#### How to use the formulary



The formulary shows details about the drugs that are covered by your plan. You can locate your drug in the formulary by medical condition or alphabetically in the Index.

- The first column lists the drugs covered under the formulary
- Next, the Drug Tier column displays the drug's tier. This determines your out-of-pocket costs
- The third column displays any additional coverage requirements for the drugs (such as prior authorization required or quantity limits)
- The bottom of each page includes a key to help you interpret the content

Drug Name	Drug Tier	Requirements /Limits	Drug Name	Drug Tier	Requirements /Limits
BYDUREON SUBCUTANEOUS SUSPENSION,EXT ENDED REL RECON	3	PA; QL (12 per 84 days)	GLUMETZA ORAL TABLET,ER GAST.RETENTION 24 HR 500 MG	4	QL (360 per 90 days)
BYETTA SUBCUTANEOUS PEN INJECTOR 10	4	PA; QL (7.2 per 84 days)	glyburide micronized oral tablet	2	
MCG/DOSE(250 MCG/ML) 2.4 ML			glyburide oral tablet	2	
Drug Tier: 1-Preferr	ed Generi	c 2-Generic 3-Pr	referred Brand 4-Non-P		Drug
5-Specialty Drugs	te:D/D I	Prior Authorization	, Part D vs. Part B only	EV Ex	cluded Drug
			y Supply PA - Prior A		
		Non-extended Day	Supply PA-Phol A	uuionzai	
Limit ST - Step T	herany				

		-	morer to mg		yo duys)
DYSLIPIDEMICS, HMG COA REDUCTASE INHIBITORS		pravastatin oral tablet 80 mg	1	QL (90 per 90 days)	
atorvastatin oral tablet 10 mg, 20 mg	1	QL (360 per 90 days)	rosuvastatin oral tablet 10 mg, 5 mg	2	QL (360 per 90 days)
atorvastatin oral tablet 40 mg	1	QL (180 per 90 days)	rosuvastatin oral tablet 20 mg	2	QL (180 per 90 days)
atorvastatin oral tablet 80 mg	1	QL (90 per 90 days)	rosuvastatin oral tablet 40 mg	2	QL (90 per 90 days)
EZALLOR SPRINKLE ORAL CAPSULE, SPRINKLE	4	QL (90 per 90 days)	simvastatin oral tablet 10 mg, 20 mg, 5 mg	1	QL (360 per 90 days)

#### The formulary index



#### You can locate your drug in the formulary by medical condition or alphabetically in the Index.

Drug Name	Drug Tier	Requirements /Limits	Drug Name	Drug Tier	Requiremen /Limits
diltiazem hcl oral capsule,extended	2		verapamil oral tablet extended release	2	
release 12 hr diltiazem hcl oral	2		CARDIOVASCUL OTHER	AR AGH	ENTS,
capsule,extended release 24 hr			acetazolamide oral tablet	2	
diltiazem hcl oral capsule,extended release 24hr	2		aliskiren oral tablet	4	QL (90 per 9 days)
diltiazem hcl oral tablet	2		amiloride- hydrochlorothiazide oral tablet	2	
diltiazem hcl oral tablet extended release 24 hr	2		amlodipine- atorvastatin oral tablet	2	QL (90 per 9 days)

By medical condition: Drugs on the formulary are grouped into categories depending on the medical conditions they are used to treat.

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**Alphabetically**: Drugs covered by your plan are listed alphabetically in the Index. Detailed information about the drug is found on the corresponding page. Generics are listed in lower case italics and brand name drugs are in capital letters.

#### **Understanding your pharmacy network**



# You have access to more than 62,000 pharmacies nationwide including more than 23,000 preferred pharmacies. Nearly all Michigan pharmacies are in our network\*

- A network pharmacy has a contract with the plan to provide your covered prescription drugs. In most cases, your prescriptions are covered only if they're filled at the plan's network pharmacies
- Preferred: A network pharmacy where you pay a lower out-of-pocket costs
- Standard: A network pharmacy where you pay standard out-of-pocket costs

#### Preferred Network chain pharmacies\*

- Costco
- Kroger
- Meijer
- Rite Aid
- Sam's Club
  - Walgreens
- Walmart

Take advantage of home delivery of your prescriptions through:	

Toll-free: 1-855-810-0007

• AllianceRx Walgreens Prime Home Delivery (S) Toll-free: 1-866-877-2392/TTY: 1-800-573-1833

\* This is a partial list of pharmacies. Please look online at www.bcbsm.com/pharmaciesmedicare or in your directory for a complete list

•

OptumRx

#### **Utilization management**





Some covered drugs have additional requirements or limits on coverage, including:

- Prior authorization: We complete a safety and effectiveness review for drugs with a PA requirement before coverage is approved
- Step therapy: We require you to first try one drug to treat your medical condition before we'll cover another drug for that condition
- Quantity limits: Only a certain number of doses per prescription or time period may be allowed. There would have to be a request submitted for a higher amount

### **Avoiding prescription disruptions**



We will do everything possible to minimize disruptions to your prescription drug coverage. We have processes for formulary exceptions, formulary changes and transition prescription fill to help assure that you don't experience gaps

- Formulary exceptions
  - When an exception is approved for a non-formulary drug, you'll pay a Tier 4 (non-preferred drug) copayment, whether the drug is generic or brand-name. Non-formulary drugs that are approved for coverage by a formulary exception aren't eligible for tiering exceptions
- Tiering exceptions
  - You or your provider can ask the plan to make an exception in the cost-sharing tier for a drug so that you pay less for it. Our Customer Service team is there to help you request an exception
- Formulary changes
  - Members impacted by a formulary change are notified by mail

### **Transition prescription fill**



During the first 108 days of your plan, you're eligible for a temporary transition fill of Part D covered medications that aren't on our formulary or are subject to clinical prior authorization, step therapy, or formulary quantity limits up to a 31-day supply

- You'll receive a refill of your medication and you and your provider will be notified to contact the plan to determine future medication needs
- Note: Certain drugs, such as those that may be covered under Part B or used to treat certain conditions, aren't eligible for a temporary supply and will require a prior authorization before the drug can be obtained

#### **Medicare Part B vs. Part D medications**

#### In general, the Part B medical benefit covers:

- Drugs requiring durable medical equipment for administration, such as albuterol through a nebulizer or insulin through an infusion pump
- Immunosuppressive drugs for a Medicare-covered transplant
- Certain oral cancer treatment drugs
- Certain oral drugs for nausea
- Certain vaccines (see list)
- Drugs for kidney failure
- Drugs administered in the provider's office

Medical benefit (Part B) vaccines
Pneumonia
Influenza, or flu shot
Hepatitis B
Pharmacy benefit (Part D) vaccines
Shingles
Tetanus
Tetanus/Diphtheria/Pertussis (Tdap)
Meningitis
Hepatitis A
Human papillomavirus (Gardasil)
Tuberculosis (BCG)
For other vaccines check your formulary for coverage]

## Thank you for coming!

Our commitment to you

We work for you!

We strive to be clear and simple so we can help you understand and use your plan

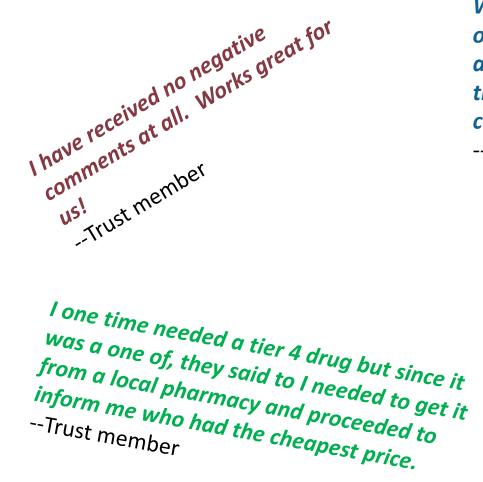
Blue Cross provides the right access and improved care for you and your loved ones, proactively guiding you to

Smarter, Better Healthcare



# Testimonials in 2022





We don't have a lot of continuous prescriptions, but the one's that we do I switched to their XpresScript mail order and it has been easy, accurate and prompt. It notifies us through text that it should be time for a refill. It costs considerably less than Publix and CVS...

--Trust member

Next year I will be eligible for Medicare & plan to switch to the new advantage plan offered by BCBSM. I signed my husband up for that plan this year & it is awesome!!! Probably the best Medicare plan in the nation & is a tremendous option for Delphi Retirees & families.

--Trust member



## **Things to remember:**

- No Donut Hole
- Added Benefits: Silversneakers, Wigs, Hearing Aids
- No Age-Banding
- Drugs are moving to BCBSM, you automatically will enroll into the **Low pan** whether you stay with Hartford or move to BCBSM, If you want to get the high plan, you'll need to fill out an election form
- You may choose a different plan from your spouse

